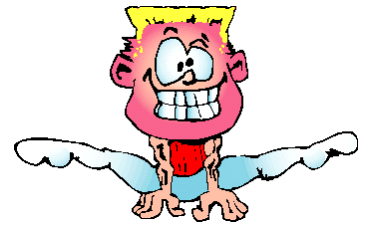


# Revolution Gymnastics NEWS



NOVEMBER/ DECEMBER 2009

## Open Gym

Come join us for Open Gym. This time is supervised by our coaches but not structured like a regular class. Just bring \$ 5.00. No need to pre-register. Open Gym is for members only **1st grade and up.**

### Friday Open Gym Times Nov/ Dec

8:00pm-9:00pm  
Nov 13th/ Dec 18th

## Gymnastics Art Contest

Revolution Gymnastics is having a art contest for all ages. Draw what you love about gymnastics and be creative. The coaches will judge the "gymnastics art" and award prizes for different age groups. We will also display the art work in the gym! Just have your drawings in by Monday November 23rd. Include your name and age on the drawing.



## Night of Gymstars!

Night of Gymstars is our in-house gymnastics meet. Everyone is invited. Come show off your skills to family and friends. This is a fun competition, set up like a real Olympic gymnastics meet. We even do an "official Olympic march-in." Students will start routines in class to help prepare. All gymnasts win a medal. Mark your calendar for February 19th and 20th. Sign-Ups start January 4th. Cost is \$ 50.00. This includes a medal and Night of Gymstars T-shirt. We will set the gym for plenty of seating on the main floor.

Visit our website at [revolutiongymnastics.net](http://revolutiongymnastics.net)

304-941-FLIP



## Holiday Gym Closures

The gym will close for Thanksgiving on Thursday, November 26th and Friday, November 27th. We will also close on Thursday, December 24th through through Sunday, January 3rd. We will re-open on Monday January 4th for the New Year. Revolution Gymnastics would like to wish you and yours a Happy Thanksgiving, Merry Christmas and a Happy New Year.



## Holiday Kids Camp

On Wednesday, November 25th we will have a 4 hour kids camp for ages 4 and up. The camp starts at 8:00am and lasts until noon. Planned activities include gymnastics ornament making, snack time, and of course...open gym. Parents, you can use this time for Christmas shopping or Thanksgiving preparation. The cost is \$ 15.00. Sign up by Monday, November 23rd.



## Competitive Teams

Our first meet is at Huntington High School on Saturday, November 21st. Come watch the girls in action and support the Revolution Gymnastics Team. Congratulations to our new Team Members... The Supernovas!

## Artistic Gymnastics

### World Championships

The World Championships were held in October in London. The USA came away with 5 medals. Bridget Sloan won the All-Around Gold, Rebecca Cross the All-Around Silver and Uneven Bars Bronze, Ivana Hong the Balance Beam Bronze and West Virginia's own Kayla Williams came away with first Vault Gold in United States History. Great job Kayla, we are so proud of you!



## Revolution Gymnastics T-shirts for sale!

Revolution Gymnastics is selling Long Sleeve and Short Sleeve T-shirts for the Holidays. If you would like a T-shirt, place your order in the office. Sizes - CS through AXL.

\$ 15.00 for short sleeve

\$ 18 for long sleeve

Visit [usa-gymnastics.org](http://usa-gymnastics.org) for more info on USA Gymnastics!